



igation (CDO) papers into Lake Michigan,  
 ; apology for telling everyone in 2004 that  
 o suspend all capital gains taxes for two years.



**Yeah, Right!**

Wake up, Ethan. Back to reality. As one who invests in both stocks and real estate, for me, this bear market is a double whammy. Every day is a struggle to find a way to counter the effects of declining stock and real estate prices. But I am holding up fairly well, and today I want to share with you a few tips on what I am doing, and what you can do, should these nasty old bears hang around much longer.

Wow, I wrote the two previous paragraphs the day before the DOW rallied 375 points. Figures, right? Well, the rally was long overdue, since the stock market is so incredibly oversold right now. But even if we do get a few days of rising prices, it still may not mean that the bear market is finished. Bear markets have a habit of hanging around for two or more years, and we are only 15 months into the current one. Can you imagine another year or more of this?

More than a few pundits are beginning to stick their necks out, and are predicting a near term market bottom, but nobody seems to be suggesting that the bear market is actually going to end. So what can we do in the meantime? Plenty!

These are three strategies that I use to fight the bear:

**1) Day and swing trading with double short Exchange Traded Funds (ETF)**

. Frequently I buy the PowerShares Ultrashort QQQ (symbol QID), an ETF that is 2x short the Nasdaq 100 (the 100 largest domestic and international non-financial stocks listed on the Nasdaq). One can also buy DXD, which double shorts the Dow, SDS which double shorts the S&P 500, or MZZ, which double shorts the S&P 400 midcap. When the market is declining, QID and these other double short ETFs are extremely powerful. If you buy them at the right time, you can easily make a lot of money in a very short period of time.

Take Monday of this week, for instance. QID was down in the early morning trading, as the market opened a little higher. But when the early price ~~As you can see, QID bottoms out and QID is just starting to pick up as high as 68.90 by 11 AM, and reached a high of 71.39 by 3 PM,~~