



**>: Insider Buys and Sells: Weekly Wrap-up**

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For all the analysts and pundits in the financial media, there is still no better judge of a company's health and future prospects than the owners and executives of those companies themselves, along with major institutional shareholders.

That's why insider buying and selling is a critical piece of data that is monitored by people who invest for a living.

As part of our continuing efforts here at *The Tycoon Report* to level the playing field between individual investors and the fat cats on Wall Street, we're keeping you informed -- on a daily basis and at no cost whatsoever -- of the most significant insider buying and selling.

Below is a weekly re-cap of the past week's activity of important insider buys and sells. We aim to publish this re-cap every Monday, and it can be accessed in your e-mail issues or on the *Tycoon Report* [Web site](#).

**Very important note:** While these re-caps are available on the *Tycoon Report* Web site, if you want the most timely information we provide on insider buying and selling, be sure to read the e-mail issues that we send each weekday morning.

**SELLS**

#### **Advance Auto Parts (AAP)**

President Jimmie L. Wade SOLD \$3.9 million in options and exercised \$2.3 million in options. [View details here.](#)

Chief Operating Officer Kevin P. Freeland SOLD \$2.3 million in shares. [View details here.](#)

#### **Balchem Corp. (BCPC)**

President and CEO Dino A. Rossi SOLD \$1.2 million in options . [View details here.](#)

#### **BJ's Wholesale Club (BJ)**

Chairman Herbert J. Zarkin SOLD \$9 million in options and \$5.3 million via option exercise. [View details here.](#)

#### **BlackRock (BLK)**

President Robert Kapito SOLD \$1.3 million in shares. [View details here.](#)

#### **Buckle Inc. (BKE)**

President & CEO Dennis H. Nelson SOLD nearly \$4.1 million in options. [View details here.](#)

#### **Gilead Sciences Inc. (GILD)**

EVP, R&D and CSO Norbert W. Bischofberger SOLD \$5.5 million in shares. [View details here.](#)

#### **Helen of Troy (HELE)**

Chairman, CEO & President Gerald J. Rubin SOLD \$2.2 million in shares. [View details here.](#)

#### **Monolithic Power Systems Inc. (MPWR)**

CEO Michael Hsing SOLD \$1.1 million in options. [View details here.](#)

#### **Penn National Gaming Inc. (PENN)**

Chairman & CEO Peter M. Carlino SOLD \$2.1 million in shares. [View details here.](#)

#### **Raven Industries Inc. (RAVN)**

President & CEO Ronald M. Moquist SOLD \$1.3 million in shares. [View details here.](#)

#### **Sohu.com (SOHU)**

Chief Financial Officer Carol Yu SOLD \$1 million in shares. [View details here.](#)

#### **SolarWinds Inc. (SWI)**

Chairman of the Board & CEO Michael S. Bennett SOLD \$2.5 million in options. [View details here.](#)